




















# AUGUST 2018



## GARDENS OF PELHAM ASSISTED LIVING

205.402.9922 | [www.GardensOfPelham.com](http://www.GardensOfPelham.com)

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  |
|--|---|---|--|---|---|---|
| <b>FUN: Golf Month</b><br>  | <b>Food: Peaches</b><br>               | <b>Health Topic:<br/>National Eye Exam Month</b><br>                   | <b>1 Girlfriends Day</b><br>10:30 Sittercise<br>2:00 Garden Club filling bird feeders  | <b>2 National Coloring Book Day</b><br>10:30 Sittercise<br>2:00 Coloring Activity   | <b>3 Watermelon Day</b><br>10:30 Sittercise<br>2:00 Watermelon Social                                | 4 10:30 Sittercise  |
| <b>5 Sisters' Day</b><br><br>10:30 Sittercise<br>2:00 Worship with Evangel Church             | 6<br>10:30 Sittercise<br>2pm BINGO<br> | 7<br>10:30 Sittercise<br>2:00 Dominos<br><b>National Night Out</b><br> | 8<br>10:30 Sittercise<br>2:00 Scrabble   | <b>9 Book Lovers Day</b><br><br>10:30 Sittercise<br>2pm- Men's Club with Bob Cleveland | 10<br><b>PGA Golf Championship August 9-12</b><br><br>10:30 Sittercise<br>2:00 Lemonade on the Porch | 11<br>10:30 Sittercise  |
| 12 10:30 Sittercise<br>2:00 Worship with Evangel Church<br><b>Elvis Week</b><br>             | 13<br>10:30 Sittercise<br>2pm BINGO   | 14<br>10:30 Sittercise<br>1:00 Step On It with Kindred at Home<br>2pm- Dominos  | 15 10:30 Sittercise<br><b>National Lemon Meringue Pie Day</b><br><br>2:00 BINGO | 16<br>10:30 Sittercise<br>2:00 Scrabble<br>   | 17<br>10:30 Sittercise<br>2:00 Ice Cream Sundaes  | 18<br><b>National Honey Bee Day</b><br><br>10:30 Sittercise<br>12:00 Pokana Tallahassi Men |
| <b>19 National Aviation Day</b><br><br>10:30 Sittercise<br>2:00 Worship with Evangel Church | 20<br>10:30 Sittercise<br>2pm BINGO   | <b>21 Sweet Tea Day</b><br><br>10:30 Sittercise<br>2pm- Dominos      | <b>22 National Eat a Peach Day!</b><br><br>10:30 Sittercise<br>2pm- Peaches    | 23<br>10:30 Sittercise<br>2pm Mens' Club with Bob Cleveland   | <b>24 Peach Pie Day!</b><br><br>10:30 Sittercise<br>2:00 Let's have some TEA                       | 25<br>10:30 Sittercise  |
| <b>26 National Dog Day</b><br>10:30 Sittercise<br>2:00 Worship with Evangel Church   | 27<br>10:30 Sittercise<br>2pm BINGO<br><b>WACKY Eye Glasses Day</b>   | 28<br>10:30 Sittercise<br>2pm- Dominos<br>HAPPY BIRTHDAY<br>JEANNE BENTLEY  | 29<br>10:30 Sittercise<br>2:00 BINGO<br>                                       | 30<br>10:30 Sittercise<br>2pm Activity with Brandy – Southern Care  | 31<br>10:30 Sittercise<br>2:00 Garden Store   | Birthdays:<br>   |