

























FEBRUARY 2018



GARDENS OF PELHAM ASSISTED LIVING

205.402.9922 | www.GardensOfPelham.com

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|---|---|--|
| HEALTH TOPIC: American Heart Month  | FOOD: Hot Breakfast Month  | FUN: Mardi Gras Valentine's Day  | BIRTHDAYS:  | 1 10:30 Sittercise 2:00 Crafts with Barb | 2 Groundhog Day National Wear Red Day 10:30 Sittercise 2:00 UNO  | 3 10:30 Sittercise  |
| 4 Boy Scout Anniversary Week  10:30 Sittercise 1:00 Devotional | 5 10:30 Sittercise 2:00 BINGO  | 6 10:30 Sittercise 2:00 Dominoes | 7 10:30 Sittercise 2:00 BINGO BEAUTY DAY WITH TAMMY | 8 Boy Scout Day  10:30 Sittercise 2:00 History of the Boy Scouts | 9 10:30 Sittercise 2:00 UNO  | 10 10:30 Sittercise  |
| 11 National Make A Friend Day  10:30 Sittercise 1:00 Devotional | 12 10:30 Sittercise 2:00 BINGO  | 13 Fat Tuesday  10:30 Sittercise 1:00 Step On It with Ashleigh Kindred 2:00 Dominoes | 14 Valentine's Day 10:30 Sittercise 2:00 BINGO BEAUTY DAY WITH TAMMY 5:00 Valentine Dinner | 15 10:30 Sittercise 2:00 Crafts with Barb  | 16 10:30 Sittercise 2:00 MARDI GRAS FUN  | 17 Random Acts of Kindness Day 10:30 Sittercise 12:00 Pokana Talahassi Men  |
| 18 10:30 Sittercise 1:00 Devotional | 19 10:30 Sittercise 2:00 BINGO  | 20 10:30 Sittercise 2:00 Dominoes | 21 10:30 Sittercise 2:00 BINGO BEAUTY DAY WITH TAMMY | 22 National Chili Day  10:30 Sittercise 2:00 BINGO | 23 10:30 Sittercise 2:00 Filling Bird Feeders | 24 10:30 Sittercise  |
| 25 10:30 Sittercise 1:00 Devotional  | 26 10:30 Sittercise 2:00 BINGO | 27 10:00 Sittercise 11:00 Chosen II 2:00 Dominoes HAPPY BIRTHDAY LULA MAE OTT | 28 10:30 Sittercise 2:00 Garden Store BEAUTY DAY WITH TAMMY | National Bird Feeding Month  | Homemade Soup Month  | Happy Mardi Gras!  |