


















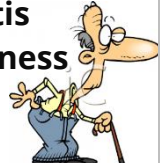


MAY 2018



GARDENS OF PELHAM ASSISTED LIVING

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FUN: Golf Month 		1 10:30 sittercise 2:00 Dominos May Day 	2 10:30 Sittercise 2:30 Shelby Baptist Medical Center Kim Sherer -Joint Health	3 10:30 Sittercise 2:00 Men's Club with Bob Cleveland	4 Bird Day 10:30 Sittercise 2:00 Garden Club Feeding Bird Feeders 	5 10:30 Sittercise Cinco de Mayo 
6 10:30 Sittercise 2:00 Worship with Evangel Church PCA National Lemonade Day 	7 Melanoma Monday  10:30 Sittercise 2:00 Bingo	8 National Have A Coke Day 10:30 Sittercise 1:00 Step On It with Kindred at Home 2:00 Dominos & Coca-Cola 	9 10:30 Sittercise 2:00 Garden Club	10 10:30 Sittercise 3:00 Crafting with Krissy with UPS #5790	11 10:30 Sittercise 2:00 Mother's Day Cupcake Social	12 International Nurses Day  10:30 Sittercise HAPPY BIRTHDAY GWEN MITCHELL
13 10:30 Sittercise 2:00 Worship with Evangel Church PCA HAPPY MOTHER'S DAY! 	14 10:30 Sittercise National Women's Heath Week 2:00 Bingo	15 10:30 Sittercise Chocolate Chip Day  2:00 Dominos	16 10:30 Sittercise Barbeque Day 2:00 Milk & Cookies	17 10:30 Sittercise 2:00 Men's Club with Bob Cleveland	18 10:30 Sittercise 2:00 Reese Cup Social 	19 10:30 Sittercise 12:00 Pokanna Tallahassi Men Royal Wedding 
20 10:30 Sittercise 2:00 Worship with Evangel Church PCA National Hurricane Preparedness Week 	21 10:30 Sittercise 2:00 Bingo 	22 10:30 Sittercise Vanilla Pudding Day  2:00 Dominos	23 10:30 Sittercise 1:30 Mind 4 Body Health Awareness with Kindred at Home	24 10:30 Sittercise 3pm- Crafting with Krissy from UPS #5790	25 Heat Safety Day 10:30 Sittercise 2:00 Ice Tea on the Porch 	26 10:30 Sittercise 
27 10:30 Sittercise 2:00 Worship with Evangel Church PCA HAPPY BIRTHDAY JIM TOLSON	28 10:30 Sittercise  2:00 BINGO HAPPY BIRTHDAY ROY HALLMARK	29 10:30 Sittercise 2:00 Dominos	30 10:30 Sittercise 2:00 Senior Health & Wellness Speaker Julia with UAB HAPPY BIRTHDAY CHARLES BALLARD	31 10:30 Sittercise 1:00 Ice Cream with Brandi from Southern Care Clanton 2:00 Mens Club with Bob Cleveland 3:00 Garden Store	Health Topic: Arthritis Awareness Month 	Food: National Salad Month 